

Official MAF Basic Tournament Competition Rules

GENERAL RULES

All individuals not actively competing at the time of competition must remain off the tournament floor and seated at all times.

PHOTOS & VIDEO

Anyone taking photographs or Video must not block the view of spectators.

CHILDRES

Children must be supervised at all times. No running or playing on the tournament floor or throughout the tournament facility.

FOOD & DRINK

No outside food permitted on the property. No food or drink in permitted in the facility without expressed permission. Please comply with the rules for food and drink as it applies.

CONDUCT

Un-sportsman-like conduct shall not be tolerated from competitors, instructors and spectators. Such conduct shall result in penalty point, disqualification or removal from the premises.

INTERFERANCE

No one shall interfere at any time with the activities of the Ring Officials, Scorekeepers, Timekeepers or other tournament Staff during the performance of their duties.

JUDGES

It is asked that all tournament judges and instructors be dressed in official uniform for proper recognition. No hats, beepers or cell phone please. When judging forms division please give each competitor your undivided attention. *We also ask that judges review all rules listed within this document.*

COMPETITION RULES

All competitors are solely responsible for being in place at the time their division is announced. Competitors arriving late to their division may be disqualified or (if permitted to participate) penalized and required to compete at the top of the sign in sheet.

AWARDS

1st, 2nd, and 3rd place awards are regularly give in all divisions unless otherwise specified. Tournament promoters and officials shall not be responsible for award that are lost, stolen or damaged after presentation.

SELF-DEFENSE

Competitors shall perform a total of three (3) separate selfdefense scenarios to make up a set for scoring. Each scenario shall be judged on technique, focus, timing, control and safety of opponent and realism. *No skits please.*

WEAPONS

OFFICIALS MUST INSPECT ALL WEAPONS FOR SAFETY PRIOR TO COMPETITION. Weapons cannot be exchanged after inspection without official approval. Competitors practicing weapons before their division must do so in a designated area free of spectator traffic.

KATA/FORMS

MAF offers two categories of Kata competition (NOVICE and REGULAR). Both categories are to be judged based on the universal criteria such as balance, focus, technique and stance.

NOVICE KATA

This division was created for first time competitors who are only able to execute a few basic moves of any form. It is a great way for new students to make their first step into competition by simply performing a few moves of any basic form. The category is designed for new comers of all ages. For the purpose of this event a "Novice" is classified as a *white belt or beginner with no stripes and has no more than (3) months of total formal or informal martial art training and experience.* The competitor is expected to perform between (4-6) Kata movements to qualify for this division. Students having more experience must complete in the regular Kata division.

REGULAR KATA

Regular divisions are for students who have trained beyond (3) months and may or may not have previous experience in tournament competition. This would include beginner, intermediate and advance students. Competitors are expected to perform a complete Kata in this division.

KATA TIES

In the event of a Tie beginners may be permitted to perform the same Kata. However, for the purpose of demonstrating versatility "all intermediate and advance competitors shall do a different Kata each time a tie occurs".

Kata Tip: If an error was made during the competition a competitor may ask the judges for permission to repeat the Kata. However, if the error was minor it may be best if the competitor continues the form to receive the best possible score. Judges may deduct up to one (1) full point from their score for repeats.

KUMITE/SPARRING

Equipment: HAND AND FEET PADS ARE MANDATORY TO COMPETE. Chest Protector, Face & Headgear,

Groin Cup and Mouthpiece are optional, but strongly recommended!

1. All techniques shall equal (1) point.
2. (3) total points wins the match or most points at the end of time.
3. Time Limit is (2) minutes "running time".
4. **No Face Contact** (i.e. nose, chin, eyes, mouth, cheekbone).
5. **Light Contact to legal targets:** (side, top and back of head; front torso).
6. **Sweeps (boot to boot) only for advanced ranks (red, brown, Jr. Black & Adult Black Belts).**
7. No takedowns.
8. (1) second "grabbing" followed by a technique only permitted.

One Official Warning shall be given for any rule violation. Penalty points or a disqualification maybe imposed thereafter.

Score Keepers must be familiar with the "Bye System".

RINGSIDE REPRESENTATIVE

Each competitor may have one (1) Representative near the competition ring only during the moment of his or her match. All representatives shall remain a minimum of ten (10) feet away from ringside in a designated area identified by ring officials or jeopardize the competitor to penalties or disqualification.

INJURIES

In the event of injuries we ask that everyone remain from the scene so that the injured can be attended too. Only one representative (i.e. instructor, parent or relevant individuals) may assist in the care and management of the injured.

GREVANCE

All complaints shall be addressed to the arbitrator in a civilized manner. Discussions shall be limited to relevant individuals on the issue(s).

Note: All rules may be modified at the Director's discretion. Additional rules may apply.